



Get an isolation note (Link: /isolation-note)

## Get an isolation note

Use this service if you have to stay at home because of coronavirus and you need a note for your employer.

Before using this service, make sure you have checked the coronavirus advice on the NHS website (Link: <https://www.nhs.uk/conditions/coronavirus-covid-19/>).

If you have to stay at home but feel well enough to work, ask your employer if you can work from home. If you can work from home, you will not need an isolation note.

You can also use this service for someone else.

**Start now (Link: /isolation-note/screener-question)**

## Before you start

If you are not sure if you need to stay at home, get the latest NHS advice on coronavirus (Link: <https://www.nhs.uk/conditions/coronavirus-covid-19/>).

By using this service you are agreeing to our terms of use (Link: <https://www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/isolation-note/terms/>) and privacy policy (Link: <https://www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/isolation-note/privacy/>).